

**Welcome!** Please take a few moments to fill out this form. If you have any questions, I'll be glad to help you. I look forward to working with you!

**Client Information**

Name \_\_\_\_\_ Date \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone: Home \_\_\_\_\_ Work \_\_\_\_\_ Cell \_\_\_\_\_

Sex: M F Birth Date \_\_\_\_\_ Marital Status \_\_\_\_\_

Email: \_\_\_\_\_

Employer \_\_\_\_\_ Occupation \_\_\_\_\_

Referred by: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_

Phone: Home \_\_\_\_\_ Work \_\_\_\_\_

**Reason for Visit**

Have you ever had CranioSacral Therapy before? \_\_\_\_\_ Date of last session \_\_\_\_\_

Your reason for today's visit: \_\_\_\_\_

Are your symptoms: Mild \_\_\_\_\_ Moderate \_\_\_\_\_ Severe \_\_\_\_\_

What do you believe to be the cause of this condition? \_\_\_\_\_

Have you ever had similar symptoms in the past? \_\_\_\_\_ When? \_\_\_\_\_

What goals do you have in mind for today's session? \_\_\_\_\_

**Health History**

**In the past 10 years**, please list the following with dates of occurrence:

Injuries: \_\_\_\_\_

Surgeries: \_\_\_\_\_

Major Illnesses: \_\_\_\_\_

Accidents/Injuries: \_\_\_\_\_

Cancer: \_\_\_\_\_

Other Health Challenges: \_\_\_\_\_

Have you ever in your life had an Infectious Disease? Yes \_\_\_\_\_ No \_\_\_\_\_ If yes, please give specifics (type, treatment, current health status, etc.) \_\_\_\_\_

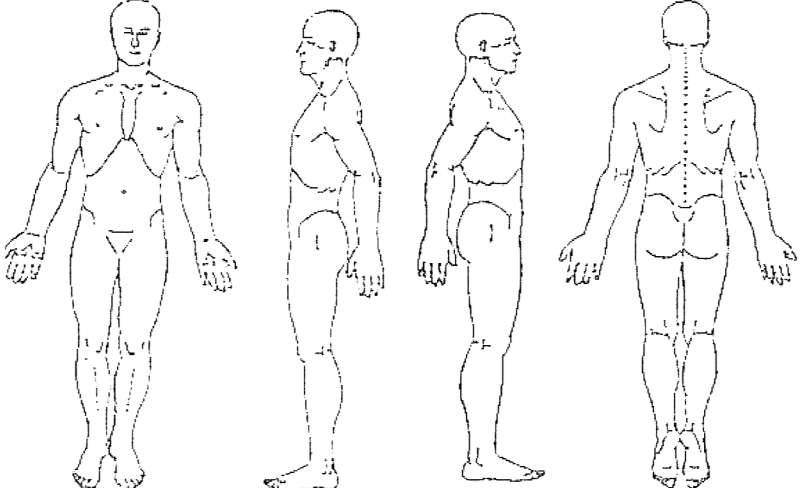
Please list all medications, supplements, herbs or other substances you're taking: \_\_\_\_\_

Intake Per Day	None	Light	Moderate	Heavy
Water	_____	_____	_____	_____
Alcohol	_____	_____	_____	_____
Coffee	_____	_____	_____	_____
Tobacco	_____	_____	_____	_____
Drugs	_____	_____	_____	_____
Exercise	_____	_____	_____	_____
Appetite	_____	_____	_____	_____

How many hours of sleep do you get each night? \_\_\_\_\_

How many bowel movements do you have a week? \_\_\_\_\_

Legend:  
 Pain = X  
 Numbness = O  
 Stiffness = //



I understand CranioSacral Therapy is not a substitute for medical exam, diagnosis, or treatment, nor is it intended to diagnose, prescribe, or treat any physical/mental illness, and that nothing said or done in the course of the session given is intended as such. I agree to list all my known medical conditions, and answer all questions completely and honestly, and will give a complete update of changes in my medical profile or prescription medications. I hereby release Sandra Schell from any and all liability for any harm which may be occasioned by me. **I understand and agree to be responsible for the full fee for any appointment rescheduled or canceled with less than 48-hour notice via phone call. I understand full payment is due at the end of each session.** Late arrivals will be given the remaining time in their session. I have reviewed the information on this questionnaire and it is complete and accurate to the best of my knowledge.

Signature \_\_\_\_\_ Date \_\_\_\_\_

